

COOINDA NEWSLETTER MONDAY 19th JUNE 2017

«Courtesy Title» «First Name» «Last Name» «Address 1»

Our Vision: A builder of a socially inclusive community where people of all abilities are engaged and valued.

ArtVo Exhibition

We have a group going to Artvo in Melbourne tomorrow. ArtVo is an interactive Art Gallery where visitors come face to face with wild animals and 11 other zones in the exhibition. Those attending are Rebecca, Barb, Penny,



Jackie, Kathy, Rowan, Ray, Alison, David, John, Robbie and Noel. The bus will leave Terang at 8.00am and return approximately 6.00pm. Pick up and drop off at Camperdown Clocktower on the way.

Hampden Hurricanes



There will be training for the Hampden Hurricanes this Wednesday evening at the South Warrnambool Football Grounds. The Hurricanes played a match against Hamilton

at Hamilton on Sunday and have another match coming up in Ballarat this Sunday. Well done to everyone who has participated.

Canteen

Canteen in Terang this week is Zucchini, vegie and rice slice with salad followed by peaches and custard.



Zucchini Slice is also on the menu at Camperdown this week.

Presentation Ball



We have a number of participants taking part in the Hampden Specialist School Presentation Ball this Friday 23rd June at the Terang Civic Hall 6.30pm. Tickets are \$20.00 each or \$40.00 family ticket and includes supper.

Tickets can be purchased from the school prior to the event or at the door on the night. All welcome to attend what is sure to be a fantastic night

Soup and Sandwich luncheon

The efforts committee are holding their annual soup and sandwich luncheon next Friday 30th June at the Terang CWA Hall 12.00noon. Cost is \$8.00. All welcome to attend.



Staff and participants will also be taking orders and delivering lunches to business within Terang on the day.

Stingers Netballers

The Stingers Netball team are playing in a tournament in Horsham this Sunday. Good Luck to all participants.



NDIS Readiness



The NDIA are holding a number of information sessions in the area ahead of the proposed rollout of the National Disability Insurance Scheme in October. It is

important that participants and families prepare for their NDIS plan meeting so that they can receive optimum benefits from the scheme when the time come.

Sessions for participants and families are:

- Wednesday 12th July from 1.00-3.00pm at Cooinda in Terang. If anyone requires transport from Camperdown to attend this session please contact Donna at Frederick Street Ph 5593 2640.
- Monday 17th July 7.00pm at the Lighthouse Theatre in Warrnambool.
- Wednesday 26th July 12.00noon at the Killara Centre in Camperdown.

We would encourage all families to attend at least one of these sessions.

Carers Victoria

Carers Victoria are running free workshops at the Flying Horse in Warrnambool for families and



carers of people with a disability. Both sessions run from 10.00am to 2.45pm

- Tuesday 1st August—Communicate with family and friends and Communicate with professionals
- Tuesday 8th August Decision making support and enduring power of attorney.

For further information or to book for these sessions please contact Mpower Ph 5561 8111. RSVP's essential be 21st July.

WANTED

Thank you to Adrianne English and Brenda Willis who donated fire pokers for use at the Little Acorn. We are now



bucket that can be used to clean out ash from the fire place. If you have anything suitable hiding in your shed can you please call in and see Jenny at the cafe



REJIGGED

Make sure you come along and see Jessica Hollingsworth's Art Exhibition at the Camperdown Courthouse running until the end of June. Jessica works on canvas and board using acrylic paints and jigsaws, drawing on construction and painterly techniques to produce her individual pieces. Jessica is a resident of Camperdown and a participant in the day programs of Cooinda in both Terang and Camperdown. We hope you can come along and enjoy her exhibition.



The Tuesday morning mens exercise group enjoyed a workout at the Warrnambool Foreshore last week.

Calendar of Events

Date	Event	Attending
Tuesday 20th June	ArtVo Exhibition	As listed
Wednesday 21st June	Hurricanes Training	Hurricanes Participants
Friday 23rd June	Presentation Ball—Hampden Specialist School	Open
Sunday 25th June	Stingers Netball Tournament	Stingers Participants
Sunday 25th June	Hurricanes Match in Ballarat	Hurricanes Participants
Friday 30th June	Soup and Sandwich Luncheon	Open
Wednesday 12th July	NDIA information session at Cooinda	Participants and families
Monday 17th July	NDIA information session in Warrnambool	Participants and families
Wednesday 26th July	NDIA information session in Camperdown	Participants and families