

Our Vision: A builder of a socially inclusive community where people of all abilities are engaged and valued.

Australia Day

Centre will be closed Friday 26th January for the Australia Day Public Holiday.



Riding for the Disabled



RDA commences on Thursday February 1st for participants who have registered. RDA will run Weekly sessions at Glenormiston

College until the end of second term. The first week will see participants meeting the horses and the volunteers and be fitted for a riding helmet and boots. Riding and carriage driving will commence the following week.

Having a Say Conference

Participants will be attending the annual VALID Having a Say Conference in Geelong this year. It will be held on Monday 5th February to Wednesday 7th of February.



As in past years we will be having a group attending for the full 3 days of the conference, a group for a day and night only, and another group making a day trip. Participants have registered as follows.

3 day full conference duration 5th-7th Feb.

Noel Roney	Brian Stewart
Chris Murray	Brenda Suhan
Helena Drake	Barb Cole
Brodie Cook	Brian Nash
Rowan Stevens	Illona McLeod
Lindsay Armstrong	Mary Boland

The cost of the 3 days is \$400.000

Respite Dinner and Disco and overnight stay Tuesday 6th Feb

Cristy Lucas	Krystal Clifford
Michelle Giddings	Zac Pike Parker

The cost of the over night Trip is \$180.00

2 day conference Dinner and Disco and overnight stay Tuesday 6th Feb

Mark Petric	John Ongley
Dave Howe	

The cost of the 2 days is \$240.00

Day Trip Tuesday 6th Feb

Anne Small	Angela Adams
Kath Douglas	Denise Madden
Kerryann Gellatly	Holly Geddes
Kevin Richards	Nicole Gillin
Ray Urban	Penny Thomas
Felicity Maskell	Leigh Holloway

The cost of the Day trip is \$90.00

Any queries regarding the having a say conference please contact Sharon Lock. Money is payable to Sharon. There will be interruptions to programs for the duration of the conference with a large number of participants and staff attending.

Motivators Bowling

Motivators bowling will commence on Tuesday 6th February for those not attending the having a say conference.



Relay for Life



Coinda have registered a team to take part in Relay for Life at the Terang Recreation Reserve from 5.00pm Saturday 24th February to 11.00am Sunday 25th February.

We invite participants, staff, family and friends to join us in walking at this event. You may register online at relayforlife.org.au. Our team name is Coinda Terang. Cost to register is currently \$30.00 with the cost increasing closer to the event. Alternatively you may bring your money to Caroline to register you. We hope we can have a large team participating and walking throughout the night in this very moving event in support of the Cancer Council.

2018 Swimming Programs

Due to a high demand with our swimming groups, we will now be holding a Friday afternoon swim group. Monday and Wednesday Groups may be also broken down into smaller groups. Participants effected will be offered alternative programs on these days. If you would like to swim but are not in a group please contact Sharon on 5592 1533. Cost will be \$100.00 per term for swimming groups.



Cooinda Lifestyle Coordinator

One of the changes we are seeing as more and more participants get their NDIS plans is the growth in demand for after hours and weekend activities in the community.



Many participants now have funding to do groups or one to one activities like going to the football, going to the beach, or attending events.

To meet this demand, Cooinda have created a new part time position called the 'Lifestyle Coordinator'. We will be trialing this role over the next few months with Eamonn O'Connor acting in the role initially. Eamonn will be working in the role on Mondays, Tuesdays and Thursday afternoons.

Whilst Day Program, Respite and Residential team leaders will continue their regular activities, Eamonn will coordinate some other new activities that people may like to take part in.

Over the coming weeks you will see pieces in the newsletter about these activities or you might like to give Eamonn a call if you have any ideas or suggestions yourself.

He can be contacted through the Cooinda office on 55 921 533, Monday, Tuesdays and Thursday PM.

Free Surf Day in Warrnambool

Warrnambool Disabled surfers are hosting a free Surf Day in Warrnambool on Saturday 10th February.

It is open to people of all abilities and everything is supplied for a great day of surfing including wetsuit, surfboard and a free BBQ.

Registrations are between 9.00am and 12.00 noon at the Warrnambool Surf Life Saving Club.

Registrations can be done on line at trybooking.com.au



Calendar of Events

Date	Event	Attending
Friday 26th January	Australia Day Public Holiday	Centre Closed
Thursday 1st February	RDA commences	Those registered
Monday 5th— Wednesday 7th February	Having a Say Conference	Registered Participants
Tuesday 6th February	Motivators bowling commences	Bowlers
Saturday 10th Feb	Free Surf Day in Warrnambool	Open Registrations required
Saturday 24th and 25th February	Relay for Life	Open Registrations required