

# COOINDA NEWSLETTER

## MONDAY 10th SEPTEMBER 2018

«First Name»  
«Last Name»



Ph: 5592 1533

Email: [lifestyle@cooindaterang.org.au](mailto:lifestyle@cooindaterang.org.au)

*Our Vision: A builder of a socially inclusive community where people of all abilities are engaged and valued.*

### Canteen

Relay for Life Fundraising BBQ, Frederick Street will be coming over to Terang for Lunch.



### Onesie-Pyjama Fundraising Day

Cooinda has registered for Relay for Life 2019 at the Noorat Recreation Reserve. We are starting fundraising this year and are holding a Onesie Pyjama Day on Friday the 14th of September with a Gold Coin Donation, we will also be holding a BBQ at the Cooinda Terang Centre on this day with all proceeds from the BBQ being donated, this is open for anyone to come along and have some lunch and dress up if you like.



### Footy Colours Day

On Friday the 21st of September Terang Day Program will be holding Footy Colours Day! If you would like to dress in your favourite teams colours and merchandise that would be great. We will be having Footy Food for Canteen Lunch.



### Barbeque on the Lawn

On Monday the 17th of September the Terang Community are holding a free BBQ and live music at the Terang RSL Hall from 11am to 2pm. This is an event to thank everyone involved with the South West Fire efforts. If you would like to attend please RSVP by the 13th of September to Sarah Troisi on 0447 093 186.



### Cooinda AGM

The Cooinda Annual General Meeting be held on  
**TUESDAY 23RD OCTOBER 2018**  
at 7.30 p.m.

Everyone is welcome to attend.



### Vacancy in West Colac

DHHS have a 1 bedroom vacancy in a property close to the Northpoint Shopping Centre in Warrnambool, complete with it's own bathroom and built in robes. If you would like more information please contact the Cooinda Centre on 03 55921533 for a Brochure.

**VACANCY**

### Parents and Friends Dinner

Community Club have set the date for their annual parents and friends dinner. It will be held on Wednesday the 3rd of October at the Noorat Community Centre, Participants love their family and friends to attending. This year we will be having a DJ for the night so everyone can have a dance and sing along! Please RSVP to Sharon or Leticia at the Cooinda office on 03 5592 1533 by the 27th of September. Please mark this in your diary, we hope to see you their!



### Centre Closed

On Friday the 28th of September the Terang and Camperdown Day Program will be closed due to The AFL Grand Final Eve Public Holiday.



## Zucchini Slice

### Ingredients

- 3 zucchinis grated
  - 1 carrot grated
  - 1 cup self-raising flour
  - 3 bacon rashers diced
  - 6 eggs lightly beaten
  - 1 1/2 cups cheese grated
  - 1 onion large diced
- 1 pinch salt and pepper \*to taste



### Method

**STEP 1** Add all ingredients to the one bowl and mix well.

**STEP 2** Pour into a well greased 16cm x 26cm lamington tray and bake at 180C for 30-40 minutes, or until browned.

**STEP 3** Slice into fingers once cool.

**STEP 4** Serve hot or cold.

## Calendar of Events

Date	Event	Attending
March Ongoing	Stingers Netball	Registered
Wednesday September 12th	Socialisers Meeting	Registered
Friday September 14th	Onesie BBQ Fundraiser	ALL
Friday September 28th	Grand Final Eve Public Holiday	ALL
Wednesday October 3rd	Parents & Friends Annual Dinner	ALL